

Activity: Learning and practicing health related keywords

In this activity, the learners learn and practice keywords from the Health Glossary by picking and explaining words from a box in various ways. They could either be two and two together, or in one (bigger) group.

Preparations

1. Print the table with words (next page) in as many copies as needed (single page print), use a scissor to cut every row (word and explanation), and fold each piece of paper along the dotted line. You now have the health word on the one side, and the explanation on the other.
2. Please add other relevant words if suitable (there are some empty rows as well)
3. Put the words in a box/bowl/hat or similar.

Activity

Difficulty Level 1 (easiest)

1. Remove the most difficult words from the box.
2. One of the learners pick a word from the box and read it out load
3. The other tries to explain the meaning of the word. If needed, the person who have the keyword and explanation can help
4. Repeat point 2 and 3 with a new participant.

Difficulty Level 2 (more difficult)

1. One of the learners pick a word from the box and read the explanation
2. The other tries to guess or find the correct keyword. If needed the person who have the keyword and explanation can help
3. Repeat point 2 and 3 with a new participant.

This activity can be varied in a number of ways, by for instance include role play.

Admitted to hospital	To stay in hospital for treatment
Antenatal care	Care and observation during pregnancy
Cancer	A disease caused by an uncontrolled division of abnormal cells in a part of the body
Consultation	Asking advice for treatment of injuries or disorders by a general practitioner, or other medical staff

Dentist	A person who is qualified to treat diseases and other conditions that affect the teeth and gums
Diabetes	A disorder of carbohydrate metabolism in which sugars in the body are not oxidized to produce energy due to lack of the pancreatic hormone insulin
Diet	The mixture of foods that a person eats
Disease	Illness

<p>Emergency number</p>	<p>A telephone number used to contact the emergency services</p>
<p>Examine</p>	<p>inspect (someone or something) thoroughly</p>
<p>GP (General Practitioner)</p>	<p>A doctor working in the community who provides family health services to a local area. Also known as family doctors, or family practitioners</p>
<p>Health clinic</p>	<p>Clinic for the routine care of infants and preschool children. Staffed by doctors and clinic nurses.</p>

Heart-attack	A sudden occurrence of coronary thrombosis, typically resulting in the death of part of a heart muscle and sometimes fatal.
Holistic	Describing an approach to patient care
Life threatening illness	Possible fatal/deadly illness Threat to life
Mental	relating to or affecting the mind

Midwife	A nurse who is trained to assist women in childbirth
Nursing home	A residential facility that provides nursing supervision and limited medical care to individuals who do not require hospitalization
outpatient	A patient who attends a hospital for treatment without staying there overnight
Pharmacy	The preparation and dispensing of drugs

<p>Pharmacy-medicine</p>	<p>Medicine available in a pharmacy only, often requiring a prescription from a doctor</p>
<p>Physical activity</p>	<p>Activity requiring physical effort, carried out to sustain or improve health and fitness</p>
<p>Pregnancy</p>	<p>The condition or period of being pregnant</p>
<p>Prescription</p>	<p>A written direction from a registered medical practitioner to a pharmacist for preparing and dispensing a drug</p>

<p>School nurse</p>	<p>A member of the school health service, who undertakes health improvements activities, including health education and promotion, development screening and vaccinations</p>
<p>Socio-economic</p>	<p>Relating to or concerned with the interaction of social and economic factors</p>
<p>Treatment</p>	<p>Medical treatment - such as surgery, medical care/attention, course of drugs, cure, remedy, nursing</p>
<p>Vaccination</p>	<p>A means of producing immunity to a disease</p>

